

2019 Unity Early Bird Girls

Orange City, IA

March 28, 2019

Shotput

1	Shayla Altemeier, Uc	32-9
2	Serena Bogenrief, Uc	32-2 1/4
3	Dejah Coe, Mocfv	31-7 1/4
4	Leah Volkert, Lem	31-6
5	Emma Harper, Mocfv	28-6 1/2
6	Haley Mulder, Lem	28-1 1/2
7	Jill DenHerder, Wc	27-9
8	Harlie Bates, Lem	27-6
9	Lyndsey Moser, Wc	27-3 1/2
10	Lila Sieck, Uc	26-7
11	Rachel Covey, Wc	24-2 1/2
12	Willow Olsen, Lem	23-3 1/2
13	Maren Hettinga, Mocfv	20-2 1/2
	Mia Haage, Lem	DNC
	Mocfv, Mocfv	DNC

Discus

1	Shayla Altemeier, Uc	96-8
2	Leah Volkert, Lem	90-11
3	Emma Harper, Mocfv	83-6
4	Jill DenHerder, Wc	82-0
5	Serena Bogenrief, Uc	81-1
6	Dejah Coe, Mocfv	77-6
7	Carlin Smith, Mocfv	75-8
8	Willow Olsen, Lem	73-8
9	Lila Sieck, Uc	69-4
10	Lyndsey Moser, Wc	67-3
11	Haley Mulder, Lem	66-0
12	Maren Hettinga, Mocfv	63-5
13	Bailey Nelson, Wc	62-7
14	Harlie Bates, Lem	56-1
	Rachel Covey, Wc	DNC
	Mia Haage, Lem	DNC

Long Jump

1	Mikayla Turek, Uc	16-2
		Meet record
		Was 16-0 1/2
2	Lilly McNaughton, Lem	14-11
3	Aj Schrock, Uc	14-7
4	Maddi Pippett, Lem	13-6
5	Sera Burg, Mocfv	13-0
6	Olivia TenKley, Wc	12-10 1/2
7	Josie Zeutenhorst, Wc	12-3
8	Averie Morgan, Lem	10-11
	Alianna VanderWeide, Lem	DNC

High Jump

1	Karlee Schiff, Lem	4-8
2	Shaniah Temple, Lem	4-8
3	Brooklyn Leusink, Mocfv	4-8
4	Jocelyn Zonnefeld, Uc	4-6
5	Paige Washburn, Lem	4-4
5	Olivia TenKley, Wc	4-4
	Pyp Stoeffler, Lem	NH
	Jordyn Davison, Lem	DNC

100 m dash

1	Aj Schrock, Uc	14.03 H2
2	Caelyn Mantel, Wc	14.22 H2
3	Avery Pratt, Lem	14.39 H2
4	Shaniah Temple, Lem	14.63 H2
5	Jaylin VanDyken, Wc	15.30 H2
6	Emily Zuidema, Wc	15.60 H2
7	Madison Gonzalez, Lem	16.02 H1

8	Ava Dravland, Mocfv	16.17 H1
9	Cambri Fleming, Mocfv	16.30 H1
10	Grace Harper, Mocfv	17.18 H1
11	Carmen Briones Munoz, Mocfv	17.80 H1
12	Alianna VanderWeide, Lem	19.64 H1
	Aimee Hulstein, Uc	DNC H2
	Emma Westpal, Wc	DNC H2

200 m dash

1	Aj Schrock, Uc	28.96 H2
2	Brynlie Daale, Lem	29.02 H1
3	Emily Zuidema, Wc	29.26 H1
4	Janie Schoonhoven, Uc	29.90 H2
5	Lilly McNaughton, Lem	30.15 H1
6	Aleyma Fedders, Mocfv	30.87 H2
7	Jaycee Hoekstra, Mocfv	30.88 H2
8	Sera Burg, Mocfv	31.09 H2
9	Addison Wierda, Mocfv	31.39 H1
10	Emma Westphal, Wc	33.92 H2
11	Ashley Johnson, Lem	34.32 H1
12	Sarah Squires, Lem	35.14 H1
	Jaylin VanDyken, Wc	DNC H2
	Olivia Granstra, Wc	DNC H2

400 m dash

1	Chloe Calhoun, Lem	64.47
2	Katie Cunningham, Lem	65.77
3	Braelynn Kamstra, Wc	70.81
4	Brooklyn Leusink, Mocfv	71.08
5	Paige Washburn, Lem	71.33
6	Naomi Mellema, Uc	71.42
7	Anneka Pollema, Uc	73.74
8	Sarah Squires, Lem	80.75

800 m run

1	Macay Van'tHul, Wc	2:34.72
2	Sarah Meis, Lem	2:48.81
3	Emma De Groot, Mocfv	2:56.90
4	Braelynn Kamstra, Wc	2:57.09
5	Alli Britt, Lem	2:59.18
6	Shay Muilenburg, Uc	3:00.21
7	Anneka Pollema, Uc	3:06.93

1500 m run

1	Emily Haverdink, Mocfv	5:31.68
2	Maddie Hurt, Lem	5:32.83
3	Amaya Van Essen, Uc	5:47.94
4	Amy De Groot, Uc	5:50.01
5	Abby Dykstra, Uc	5:50.64
6	Emma Haley, Mocfv	6:10.28
7	Zoe Gulker, Wc	6:13.18
8	Braelynn Kamstra, Wc	6:13.63
9	Annabelle Wadle, Lem	6:24.93
10	Kate Van Der Werff, Mocfv	6:27.61
10	Elsie Bartels, Uc	6:27.61

3000 m run

1	Maddie Hurt, Lem	12:15.42
2	Elsie Bartels, Uc	12:23.88
3	Emma Haley, Mocfv	12:26.68
4	Abby Dykstra, Uc	12:41.88
5	Becca Dykstra, Uc	13:20.40
6	Shay Muilenburg, Uc	13:27.79

100 m hurdles

1	Kady Leusink, Lem	18.05
2	Karlee Schiff, Lem	18.59
3	Ellie Albers, Mocfv	19.16
4	Shelby Riebeling, Uc	19.37
5	Jenna Aalbers, Mocfv	19.91
6	Karli Bomgaars, Mocfv	20.15
7	Ava Dravland, Mocfv	22.60

400 m hurdles

1	Mikayla Turek, Uc	68.95
2	Karlee Schiff, Lem	73.84
3	Claire Yaw, Mocfv	78.96
4	Josie Zeutenhorst, Wc	83.72
5	Olivia TenKley, Wc	92.94
	Caelyn Mantel, Wc	DNC
	Paige Washburn, Lem	DNC

4 x 100 m relay

1	Lem, Lem	55.57 H2
2	Uc, Uc	57.63 H2
3	Mocfv, Mocfv	58.83 H2
4	Lem, Lem	59.51 H2
5	Uc, Uc	63.37 H1
6	Lem, Lem	63.84 H2
7	Mocfv, Mocfv	64.68 H1
	Wc, Wc	DNC H2
	Mocfv, Mocfv	DQ H2

4 x 200 m relay

1	Wc, Wc	1:54.48 H2
2	Mocfv, Mocfv	1:59.63 H2
3	Lem, Lem	2:00.39 H2
4	Uc, Uc	2:01.11 H2
5	Wc, Wc	2:02.68 H2
6	Lem, Lem	2:05.35 H2
7	Mocfv, Mocfv	2:16.07 H1
8	Uc, Uc	2:17.80 H1
	Lem, Lem	DQ H2

4 x 400 m relay

1	Wc, Wc	4:16.56
2	Lem, Lem	4:26.62
3	Uc, Uc	4:31.87
4	Mocfv, Mocfv	4:50.94

4 x 800 m relay

1	Wc, Wc	10:36.22
2	Lem, Lem	10:53.48
3	Uc, Uc	10:58.22

Sprint medley relay

1	Wc, Wc	1:57.24
		Meet record
		Was 1:57.83
2	Lem, Lem	2:02.14
3	Lem, Lem	2:05.40
4	Uc, Uc	2:08.58
5	Mocfv, Mocfv	2:10.51
6	Mocfv, Mocfv	2:10.91
7	Lem, Lem	2:17.21

Distance medley relay

1	Mocfv, Mocfv	4:42.25
2	Uc, Uc	4:44.19
3	Lem, Lem	4:52.58
4	Mocfv, Mocfv	5:17.20
5	Lem, Lem	5:19.77

Shuttle hurdle relay

1	Lem, Lem	1:15.25
2	Mocfv, Mocfv	1:15.61
	Uc, Uc	DNF